

SINS THAT NEED TO BE CONFESSED
(HELPFUL RESOURCE FROM FR. LARRY RICHARDS)

- Abortion
- Adultery
- All use of illegal drugs
- Any dealing with the occult (i.e., Ouija boards, etc.)
- Artificial birth control
- Blasphemy; disrespect toward God or toward His Holy Name
- Breaking promises deliberately
- Bringing dishonor to family, school, community or the Church
- Calumny; telling lies about another
- Despair: to believe that God will refuse to forgive you
- Destruction of other persons' property
- Detraction: telling an unkind truth about another
- Disobedience toward parents/teachers
- Drunkenness, including any drinking under the age of 21
- Excessive materialism
- Gluttony: eating or drinking to excess
- Gossip: talking about others
- Hatred
- Homosexual actions
- Impure thoughts
- Indifference to good or evil
- Ingratitude
- Intentional violation of school rules
- Jealousy
- Laziness
- Lying
- Malice: the deliberate choice of evil
- Masturbation: impure action with yourself
- Missing Mass on any Sunday or Holy day
- Murder
- NOT PRAYING EVERYDAY
- Not giving to the poor and the Church
- Premarital sex, including oral sex, intercourse, impure touching of another
- Presumption: sinning and saying God MUST forgive me
- Pride
- Prostitution
- Reckless driving that endangers you, passengers or others
- Rudeness
- Selfishness
- Stealing
- Superstition
- Unjustified anger
- Using others for your own personal gain
- Watching or looking at pornographic materials